

**GRADE 9**

<b>TERM</b>	<b>LOs and ASSs</b>	<b>CONTENT IN CONTEXT</b>	<b>RESOURCES</b>	<b>ASSESSMENT FORMS METHODS AND TOOLS</b>	<b>TEACHING \ LEARNING STRATEGIES</b>
1	<p><b>LO3:PERSONAL DEVELOPMENT</b>            AS1: Analyses and reflects on positive personal qualities in a range of contexts            AS3:Responds appropriately to emotions in challenging situations            AS4:Explains what has been learned from a challenging personal interaction by critically reflecting on own behavior</p> <p><b>LO 1 HEALTH PROMOTION</b>            AS3: Investigates personal and social factors that contribute to substance abuse and suggests appropriate response and rehabilitation options.            AS4:Critically evaluates resources on health information, health services and a range of treatment options including HIV/AIDS.</p> <p><b>LO2 SOCIAL DEVELOPMENT</b></p>	<p><b>CONTEXT: POSITIVE SELF CONCEPT</b>            Own strengths and weaknesses in different situations; home, school, church, sport            Emotional intelligence            How to behave when angry, sad, disappointed etc.            Personal qualities</p> <p><b>CONTEXT:POSITIVE LIVING</b>            Factors that contribute to substance abuse in all contexts,i.e. at home, school and community.            Rehabilitation options            Information centers available.            Services available. Treatment options. Critical evaluation on accessibility, availability as well as effects.</p> <p><b>CONTEXT:HUMAN RIGHTS</b></p>	<p>Magazines            Newspapers            Talk shows            TV programmes            Motivational            Speakers            Textbooks</p> <p>Health care centers            i.e. hospitals, clinics            etc.            SANCA            Magazines            Newspapers</p>	<p><b>Forms</b>            Case Studies            Discussion            Journal Writing  <b>Methods</b>            Teacher            Self  <b>Tools</b>            Rubric</p> <p><b>Forms</b>            Discussion            Project  <b>Methods</b>            Teacher            Self  <b>Tools</b>            Rubric</p>	<p>Brainstorm            Discussion            Question and answer</p> <p>Brainstorm            Discussion            Question and answer</p>

	<p>AS 1 LO2 AS1:Debates issues with regard to citizen's rights and personal choices. AS2:Reports on participation in or planning of a local celebration of a national day</p> <p><b>LO4:PHYSICAL DEVELOPMENT AND MOVEMENT</b> AS2: Refines and evaluates own and peer movement performance including rotation, balance and elevation. AS3: Assess own physical wellness level and sets personal goals for improvement</p>	<p>Citizen's rights based on Constitutional rights -family, friends, community, adults</p> <p>Origins of national day. Report on planning the event i.e.</p> <ul style="list-style-type: none"> <li>• Booking of venue</li> <li>• Compiling guest list</li> <li>• Writing of invitation</li> <li>• Designing programmes</li> </ul> <p><b>CONTEXT:PHYSICAL WELLNESS</b> Combination of foot and hand movements e.g. heel raising and lowering of full ankle movements, rhythmic jumps, hip movements, walking on apparatus etc. Refine tactics of -Shot put -Javelin -High / long jump Assess peer on heights, distances and level of skills achieved over a period of time.</p>	<p>SA Constitution handbook Magazines Newspapers Talk shows TV programmes Motivational Speakers Textbooks</p> <p>Physical Education Equipment</p>	<p><b><u>Form</u></b> Discussion Project <b><u>Methods</u></b> Teacher Self <b><u>Tools</u></b> Rubric</p> <p><b><u>Forms</u></b> Practical demonstration <b><u>Methods</u></b> Teacher Self <b><u>Tools</u></b> Observation sheet</p>	<p>Brainstorm Discussion Debate Question and answer</p> <p>Practical demonstration</p>
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2	<p><b>LO1 : HEALTH PROMOTION</b>  AS1:Illustrates and evaluates the influence of ecological, social, economic , cultural and political factors on own personal choice of diet  AS2:Develops and implements an environmental health programme</p> <p><b>LO2:SOCIAL DEVELOPMENT</b>  AS4:Critically investigates issues of diversity in SA and ways in which to promote understanding of diverse cultures.  AS5:Reflects on and discusses the contributions of various religions in promoting peace.</p>	<p><b>CONTEXT:HEALTHY LIFESTYLE</b>  <u>Ecological</u>  Plants(vegetation, indigenous)  Animals, birds, water existing in environment  which ones you can live on  <u>Social</u>  Family , friends, community members’ values pertaining to food choices  <u>Economic</u>  Food gardens &amp; their contribution to a healthy diet  Food prices  <u>Cultural</u>  Different cultures’ choices of food</p> <p><b>SOCIAL CHANGE AND DEVELOPMENT</b>  Examples of issues of diversity: Language, religion, dress and celebration of cultural days. How these can be instrumental in promoting understanding of diverse cultures.  Various religions and religious organizations and their contributions to peace promotion.</p>	<p>Wall charts  Magazines</p> <p>SA Constitution handbook  Magazines  Newspapers  Talk shows  TV programmes  Textbooks</p>	<p><b>Form</b>  Design and make Project  <b>Methods</b>  Teacher  Self  <b>Tools</b>  Rubric</p> <p><b>Form</b>  Project  <b>Methods</b>  Teacher  Self  <b>Tools</b>  Rubric</p>	<p>Brainstorm  Discussion  Question and answer</p> <p>Brainstorm  Discussion  Question and answer</p>

	<p><b>LO3 PERSONAL DEVELOPMENT</b> AS2: Critically discusses own rights and responsibilities in interpersonal relationships. AS5: Applies goal-setting and decision-making strategies.</p> <p><b>LO5: ORIENTATION TO THE WORLD OF WORK</b> AS1: Researches study and career funding providers AS2: Motivates own career and study choices.</p> <p><b>LO4: PHYSICAL DEVELOPMENT AND MOVEMENT</b> AS1: Participates in and evaluates own performance in an adventurous recreational outdoor activity.</p>	<p><b>DECISION MAKING</b> Taking action when your rights are violated in an interpersonal relationship e.g. getting a court interdict in a case of domestic violence.</p> <p><b>CAREERS</b> Names and addresses of bursaries .Different fields of careers and self knowledge.</p> <p><b>RECREATIONAL ADVENTURE</b> Examples of these activities like orienteering, mountain climbing, hiking, biking and cross country.</p>	<p>Magazines Newspapers Textbooks TV programmes</p> <p>Internet Magazines Newspapers Textbooks TV programmes Labour Dept Career Exhibitors Open Days –HEIs</p> <p>Maps</p>	<p><b>Form</b> Project <b>Methods</b> Teacher Self <b>Tools</b> Rubric</p> <p><b>Form</b> Research <b>Methods</b> Teacher Self <b>Tools</b> Rubric</p> <p><b>Forms</b> Practical demonstration <b>Methods</b> Teacher Self <b>Tools</b> Observation sheet</p>	<p>Brainstorm Discussion Debate Question and answer</p> <p>Brainstorm Discussion Question and answer</p> <p>Practical demonstration</p>
3	<b>LO1: HEALTH PROMOTION</b>	<b>HEALTH AND SAFETY</b> Examples of environmental health	Magazines Newspapers	<b>Form</b> Project	Brainstorm Discussion

	<p>AS5: Discusses ways to apply insights gained from participating in an activity related to national health or safety promotion.</p> <p><b>LO2: SOCIAL DEVELOPMENT</b> AS3: Critically discusses social relationships in a variety of situations.</p> <p><b>LO3 PERSONAL DEVELOPMENT</b> AS6: Critically evaluates own application of problem-solving skills in a challenging situation.</p> <p><b>LO5 ORIENTATION TO THE WORLD OF WORK</b> AS3: Critically reflects and reports on opportunities in the workplace. AS4: Discusses rights and responsibilities in the workplace. AS5: Outlines a plan for own lifelong learning.</p>	<p>or safety programmes like cleaning campaigns, road safety and crime prevention programmes. Apply lessons learnt from your involvement.</p> <p><b>NATION BUILDING</b> Different types of relationships in different contexts e.g. interpersonal relationship at school, home, peers and in the community.</p> <p><b>PROBLEM SOLVING</b> Critically evaluating your own problem solving skills in a challenging situation.</p> <p><b>WORK PLACE AND SELF MANAGEMENT</b> Settings and opportunities in the work place e.g. promotions and salary progression. Knowledge of your job description and processes of rights in as far as leave is concerned and your responsibilities e.g. outputs. Your future aspirations within this job, where you would like to be in terms of promotions.</p>	<p>SAPS DWAF</p> <p>Newspapers Magazines TV</p> <p>Real life stories</p> <p>Newspapers Magazines</p>	<p><b>Methods</b> Teacher Self <b>Tools</b> Rubric</p> <p><b>Form</b> Project <b>Methods</b> Teacher Self <b>Tools</b> Rubric</p> <p><b>Form</b> Project <b>Methods</b> Teacher Self <b>Tools</b> Rubric</p> <p><b>Form</b> Project <b>Methods</b> Teacher Self <b>Tools</b> Rubric</p>	<p>Question and answer</p> <p>Brainstorm Discussion Question and answer</p> <p>Brainstorm Discussion Question and answer</p> <p>Brainstorm Discussion Question and answer</p>
4.	CTA SECTION A	CTA SECTION A	CTA SECTION A	CTA SECTION A	CTA SECTION A